Chick-fil: Allergen Quick Reference Guide

Chick-fil-A[®]'s Quick Reference Guide lists each menu item according to the Food and Drug Administration's (FDA) major food allergens: milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans. Chick-fil-A[®] cooks in 100% refined peanut oil. According to the FDA, highly refined oils such as highly refined soybean and peanut oil are not considered major food allergens and therefore are not listed here. Please consult the ingredients of each product prior to consuming. Please note that we prepare our foods following procedures to prevent allergen cross-contamination, but our products containing wheat, egg, soy and dairy are made in the same Kitchen.

ALLERGENS

BREAKFAST

Bacon Platter DAIRY WHEAT EGG Bacon, Egg & Cheese Biscuit DAIRY WHEAT EGG **Biscuit** DAIRY NHEAT Chicken Platter DAIRY WHEAT EGG so Chicken, Egg & Cheese on Sunflower Multigrain EE Bagel DAIRY WHEAT EGG Chick-fil-A® Breakfast Burrito (Chicken or Sausage) DAIRY SOY EGG WHEAT Chick-fil-A® Chicken Biscuit EGG DAIRY WHEAT Chick-fil-A Chick-n-Minis™ DAIRY WHEAT EGG Chick-fil-A® Spicy Chicken Biscuit DAIRY WHEAT EGG Cinnamon Cluster DAIRY WHEAT EGG SOY Hashbrowns

BREAKFAST

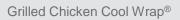
Multigrain Oatmeal	WHEAT	
Multigrain Oatmeal with Toppings	WHEAT	TREE NUT
Sausage Biscuit	DAIRY WHEAT SOY	
Sausage, Egg & Cheese Biscuit	DAIRY WHEAT SOY EGG	
Greek Yogurt Parfait	DAIRY	
CLASSICS	ALLERGENS	
Chick-fil-A [®] Chicken Deluxe Sandwich	DAIRY WHEAT SOY EGG	
Chick-fil-A [®] Nuggets	DAIRY WHEAT	
Chick-fil-A [®] Chicken Salad Sandwich	DAIRY WHEAT SOY EGG	
Chick-fil-A Chick-n-Strips®	DAIRY WHEAT	
Chick-fil-A [®] Grilled Chicken Club Sandwich	DAIRY WHEAT	
Chick-fil-A® Grilled Chicken Sandwich	WHEAT	
Chick-fil-A [®] Grilled Nuggets		
Chick-fil-A [®] Chicken Sandwich	DAIRY WHEAT SOY EGG	

CLASSICS

ALLERGENS



COOL WRAP





DESSERTS

ALLERGENS

Chick-fil-A [®] Frosted Lemonade*	DAIRY
Chick-fil-A [®] Diet Frosted Lemonade*	DAIRY
Chocolate Chunk Cookie	DAIRY WHEAT SOY EGG
Chocolate Milkshake*	DAIRY
Cookies & Cream Milkshake	DAIRY WHEAT SOY
Icedream [®] Cone	DAIRY WHEAT SOY
Icedream [®] Cup	DAIRY
Strawberry Milkshake*	DAIRY
Vanilla Milkshake*	DAIRY

* - Please note these items are made using the same equipment as our Cookies & Cream Milkshake (which contains wheat and soy ingredients), and therefore may contain wheat and soy through cross-contamination.

DRESSINGS & SAUCES

Avocado Lime Ranch Dressing	DAIRY	EGG
Barbecue Sauce		
Buttermilk Ranch Sauce	DAIRY	EGG
Chick-fil-A® Buffalo Sauce	DAIRY	
Chick-fil-A [®] Sauce	Soy	EGG
Chili Lime Vinaigrette Dressing		
Creamy Salsa Dressing		EGG
Fat Free Honey Mustard Dressing		
Garlic & Herb Ranch Dressing	DAIRY	EGG
Honey Mustard Sauce		
Honey Roasted BBQ Sauce		EGG
Light Italian Dressing		
Light Balsamic Vinaigrette		

DRESSINGS & SAUCES

ALLERGENS

Polynesian Sauce

Zesty Apple Cider Vinaigrette Dressing

KID'S MEAL

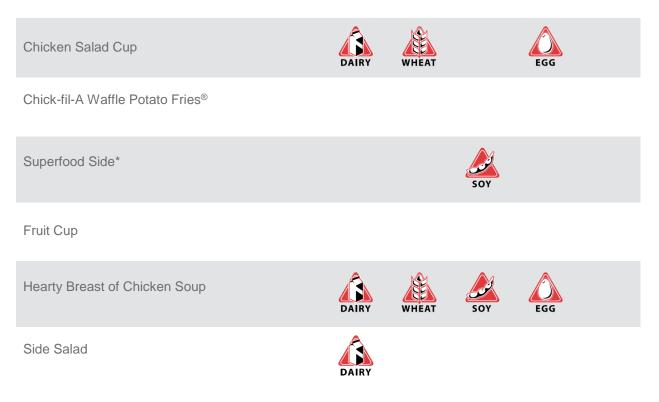


SALADS

Charred Tomato Crispy Red Bell Peppers		WHEAT			
Chick-fil-A [®] Cobb Salad	DAIRY	WHEAT		EGG	
Chick-fil-A® Market Salad	DAIRY				
Chick-fil-A [®] Spicy Southwest Salad	DAIRY		SOY		
Chili Lime Pepitas					
Harvest Nut Granola	DAIRY		SOY		
Roasted Nut Blend					TREE NUT
Seasoned Tortilla Strips	DAIRY				

SIDES

ALLERGENS



* - Does not include Roasted Nut Blend